

Detailed Plan of Activities:**Academic Year 2019-20**

- **Soft Skills**
 - Workshop on Personality Development: September 15-16, 2019
 - Group Discussions: November 5, 2019
- **Language and Communication Skills**
 - English Language Lab Inauguration: August 20, 2019
 - Communication Skills Workshop: January 10, 2020
- **Life Skills (Yoga, Physical Fitness, Health, and Hygiene)**
 - Weekly Yoga Sessions: Every Monday from July 22, 2019, to March 2, 2020
 - Health Awareness Program: December 12, 2019
- **ICT/Computing Skills**
 - Basic Computer Literacy Program: August 5-9, 2019
 - Digital Literacy Campaign: February 14, 2020

Academic Year 2020-21

- **Soft Skills**
 - Leadership Development Program: September 22-23, 2020
 - Time Management Workshop: November 17, 2020
- **Language and Communication Skills**
 - Debate Competition: October 20, 2020
 - Spoken English Classes: January 15 - February 28, 2021
- **Life Skills (Yoga, Physical Fitness, Health, and Hygiene)**
 - Meditation Workshop: August 25, 2020
 - Physical Fitness Camp: February 20-21, 2021
- **ICT/Computing Skills**
 - Intermediate Computer Courses: September 7-11, 2020
 - ICT Awareness Campaign: March 15, 2021

Academic Year 2021-22

- **Soft Skills**
 - Emotional Intelligence Workshop: August 24, 2021
 - Conflict Resolution Seminar: November 9, 2021
- **Language and Communication Skills**
 - Creative Writing Workshop: January 12, 2022
 - Language Exchange Program: March 2-3, 2022
- **Life Skills (Yoga, Physical Fitness, Health, and Hygiene)**
 - First Aid Training: October 18, 2021
 - Hygiene and Sanitation Drive: February 10, 2022


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I.Q.A.C. Coordinator

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ICT/Computing Skills

- Advanced Excel Training: August 30 - September 3, 2021
- Social Media Management Workshop: March 21, 2022

Academic Year 2022-23

- **Soft Skills**
 - Career Counseling Sessions: August 22, 2022
 - Interview Skills Workshop: November 14, 2022
- **Language and Communication Skills**
 - Language Proficiency Tests: January 17, 2023
 - Public Speaking Course: March 7-9, 2023
- **Life Skills (Yoga, Physical Fitness, Health, and Hygiene)**
 - Wellness Program: October 5, 2022
 - Sports Activities: February 25-26, 2023
- **ICT/Computing Skills**
 - Web Development Basics: September 12-16, 2022
 - Cybersecurity Awareness Session: March 28, 2023

Academic Year 2023-24

- **Soft Skills**
 - Entrepreneurship Development Program: August 21-22, 2023
 - Team Building Exercises: November 10, 2023
- **Language and Communication Skills**
 - Speech and Drama Classes: January 20 - February 29, 2024
 - Advanced Communication Skills Course: March 15-17, 2024
- **Life Skills (Yoga, Physical Fitness, Health, and Hygiene)**
 - Mindfulness Training: September 8, 2023
 - Annual Health Check-Up Camp: February 12, 2024
- **ICT/Computing Skills**
 - Advanced Computing Workshop: September 11-15, 2023
 - Digital Portfolio Development: March 25-27, 2024

This detailed plan provides a structured approach to skill development at Late Bhimrao Chavan Arts, Commerce, and Science College, ensuring a balanced and comprehensive educational experience for students.


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"Detailed Report on Soft skills, Language and communication skills, Life skills (Yoga, physical fitness, health and hygiene) and ICT/computing skills"

Introduction

Late Bhimrao Chavan Arts, Commerce, and Science College, Chawanwadi, aims to offer a comprehensive development program for its students from the academic year 2019-20 to 2023-24. This report outlines the planned activities across four key areas: Soft Skills, Language and Communication Skills, Life Skills, and ICT/Computing Skills. These activities are designed to enhance the students' personal, academic, and professional capabilities, ensuring they are well-prepared for the challenges of the modern world.

Objectives:

1. To enhance students' interpersonal and leadership skills through targeted workshops and programs.
2. To improve language proficiency and communication abilities with practical sessions and classes.
3. To promote overall well-being through life skills programs focusing on physical fitness, health, and hygiene.
4. To develop fundamental and advanced ICT skills necessary for contemporary digital environments.
5. To foster career readiness and entrepreneurial thinking among students.

Scope:

This report covers the detailed plan of activities implemented each academic year from 2019-20 to 2023-24. The activities are categorized into Soft Skills, Language and Communication Skills, Life Skills, and ICT/Computing Skills. Each category includes specific programs, workshops, and sessions designed to address the respective skills and knowledge areas.

Outcomes:

1. **Enhanced Soft Skills:** Improved leadership, emotional intelligence, time management, and conflict resolution skills among students.
2. **Advanced Language and Communication Skills:** Greater proficiency in English and regional languages, enhanced public speaking, and effective business communication.
3. **Improved Life Skills:** Better physical fitness, health awareness, and personal well-being, including improved yoga practice and mindfulness.
4. **Strengthened ICT Skills:** Competence in basic and advanced computing, web development, digital portfolio creation, and cybersecurity awareness.
5. **Career and Entrepreneurial Readiness:** Increased career preparedness, effective interview skills, and entrepreneurial thinking and innovation.

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Activity Report: Language and Communication Skills – English Language Lab Inauguration

Date: August 20, 2019

Participants: 45

Introduction:

The English Language Lab was inaugurated to enhance students' language skills through technology-assisted learning. The lab aims to improve listening, speaking, reading, and writing skills in English.

Aims and Objectives:

- To provide an interactive platform for improving English communication.
- To enhance pronunciation, vocabulary, and fluency.
- To help students prepare for competitive exams and job interviews.

Importance:

In today's globalized world, proficiency in English is essential for academic and professional success. The Language Lab will help students develop strong communication skills.

Functions:

- Training in phonetics and pronunciation.
- Interactive language learning through software and digital resources.
- Activities to enhance speaking and listening skills.

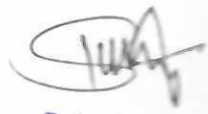
Details of Activity:

The inauguration event included a demonstration of the Language Lab's features. Students explored digital learning tools, and faculty members guided them on how to utilize the lab for self-improvement.

Conclusion:

The English Language Lab will be a valuable resource for students to enhance their communication skills. The inauguration marked the beginning of an advanced learning experience for language development.


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LATE BHIMRAO
CHAVAN

ARTS & SCI

College Chavanvadi

Seminar

on

Language & Communication

English Language Skills

Lab Inauguration

Date :- 20 Aug. 2021 2019


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Language and Communication Skills: English Language Lab Inauguration Date:-20/08/2019

Sr. No.	Name	Signature
1	BODAKE RAJPAL MADHUKAR	Rajpal
2	NIVALE ANIL BABALJI	Nivale
3	BELKONE AJIT BALAJI	Ajit
4	TARGUDE MANOJ DINANATH	Manoj
5	SONKAMBLE MANGESH GANESH	Sonkamble
6	SUL NAMDEV GOVINDRAO	Sul
7	NAIK MASHNAJI KISHANRAO	Naik
8	JADHAV JAGANNATH SHESHERAO	Jadhav
9	BOINWAD VISHAL RAMRAO	Boinwad
10	CHAVAN RAMKISHAN SHIVAJI	Chavan
11	BARGE DAIVSHALA NAGORAO	Barge
12	TATE KAUSTUBH YADAVRAO	Tate
13	BIRADAR SUNIL CHANDRBHAN	Biradar
14	PANCHAL TUKARAM HANMANT	Panchal
15	RATHOD SUNIL BALAJI	Rathod
16	BIRADAR ROHAN SHIVAJI	Biradar
17	AVDHUTE RUPALI MANIK	Avdhute
18	TUNKALWAD NANDINI VISHNU	Tunkalwad
19	BHOINWAD MANISHA SANJIV	Bhoinwad
20	TOATRE DEVIDAS GANPAT	Toatre
21	PATIL SWAPNIL SHIRINIVAS	Patil
22	TEKALE TIRUPATI SANJAY	Tekale

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Language and Communication Skills: English Language Lab Inauguration Date:-20/08/2019

23	NATKE DNAYNESHVAR TUKARAM	
24	RATHOD NIKITA NAMDEV	
25	SHAIKH SULEMAAN ISHMAILSAB	
26	RACHELWAR TUKARAM GOVIND	
27	HUGE PUNDLIK NARSHING	
28	DEVKATTE PAWAN SARJERAO	
29	SHINDE SEEMA AKBARSAB	
30	KUNJATWAD VIKAS RAMCHANDR	
31	TALIMKAR ANIL HANMANT	
32	INGLE PRIYANKA BALIRAM	
33	AVALE TUKARAM VYANKAT	
34	WAGHAMARE AMOL CHANDRKANT	
35	WAGHAMARE SUNIL DADARAO	
36	DEVKATTE ASHVINI MAROTI	
37	PUJARI DIPALI SURESH	
38	JANPAWAD SHITAL SHRAVAN	
39	PAWAR ANIL NAMDEV	
40	KATSHEV VITTAL GOVIND	
41	JADHAV DNYNESHEAR SUDAM	
42	BODAKE RAJPAL MADHUKAR	
43	NIVALE ANIL BABALJI	
44	BELKONE AJIT BALAJI	
45	TARGUDE MANOJ DINANATH	
46		

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Activity Report: Basic Computer Literacy Program

Date: August 5-9, 2019

Participants: 60

Introduction:

A Basic Computer Literacy Program was conducted to enhance students' fundamental computer skills. The program aimed to provide hands-on training in basic computer operations, internet usage, and essential software applications.

Aims and Objectives:

- To familiarize students with basic computer operations.
- To enhance digital literacy for academic and professional use.
- To introduce students to essential software applications.

Importance:

In today's digital era, basic computer literacy is a necessary skill for students. The ability to operate a computer and use basic software applications is essential for academic and career advancement.

Functions:

- Training in basic computer functions, including MS Office.
- Hands-on practice with internet browsing and email usage.
- Practical exercises to enhance digital proficiency.

Details of Activity:

Students were given practical training in operating computers, using word processors, spreadsheets, and internet navigation. Experts guided them on how to utilize digital tools effectively.

Conclusion:

The program successfully enhanced students' computer skills, preparing them for further digital learning. Feedback from students was positive, and many expressed interest in advanced computer training programs.



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ICT/Computing: Basic
Computer Literacy
Programme
Date: Aug 5-9, 2019

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ICT/Computing Skills: Basic Computer Literacy Program Date:-5-9/08/2019

Sr. No.	Name	Signature
1	NIVALE ANIL BABALJI	
2	BELKONE AJIT BALAJI	
3	TARGUDE MANOJ DINANATH	
4	SONKAMBLE MANGESH GANESH	
5	SUL NAMDEV GOVINDRAO	
6	NAIK MASHNAJI KISHANRAO	
7	JADHAV JAGANNATH SHESHERAO	
8	BOINWAD VISHAL RAMRAO	
9	CHAVAN RAMKISHAN SHIVAJI	
10	BARGE DAIVSHALA NAGORAO	
11	WAGHAMARE AMOL CHANDRKANT	
12	WAGHAMARE SUNIL DADARAO	
13	DEVKATTE ASHVINI MAROTI	
14	PUJARI DIPALI SURESH	
15	JANPAWAD SHITAL SHRAVAN	
16	PAWAR ANIL NAMDEV	
17	KATSHEV VITTAL GOVIND	
18	JADHAV DNYNESHEAR SUDAM	
19	BODAKE RAJPAL MADHUKAR	
20	AVALE TUKARAM VYANKAT	
21	TALIMKAR ANIL HANMANT	
22	INGLE PRIYANKA BALIRAM	
23	RATHOD SUNIL BALAJI	

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ICT/Computing Skills: Basic Computer Literacy Program Date:-5-9/08/2019

24	BIRADAR ROHAN SHIVAJI	Rohan
25	AVDHUTE RUPALI MANIK	Rupali
26	TUNKALWAD NANDINI VISHNU	Nandu
27	BHOINWAD MANISHA SANJIV	Manisha
28	TOATRE DEVIDAS GANPAT	Devidas
29	PATIL SWAPNIL SHIRINIVAS	Swapnil
30	TEKALE TIRUPATI SANJAY	Tirupati
31	NATKE DNAYNESHVAR TUKARAM	Natke
32	RATHOD NIKITA NAMDEV	Nikita
33	RATHOD NAMRATA NAMDEV	Namrata
34	BEMBRE SHIVCHARNA SHANKAR	Shivcharna
35	SWAMI POOJA SHIVKUMAR	Pooja
36	MALEGAVE RUTUJA DEVIDAS	Rutuja
37	PATHAN NILOFAR AMJAD	Nilofar
38	RAEES ALFIYA ADIL	Raees
39	SHAIKH MOHAMAD JANIMIYA	Mohamad
40	BAJGIRE PRAKASH SHIVAJI	Prakash
41	SHAIKH SULEMAAN ISHMAILSAB	Sulemaan
42	RACHELWAR TUKARAM GOVIND	Tukaram
43	HUGE PUNDLIK NARSHING	Pundlik
44	DEVKATTE PAWAN SARJERAO	Pawan
45	SHINDE SEEMA AKBARSAB	Seema
46	KUNJATWAD VIKAS RAMCHANDR	Vikas
47	TATE KAUSTUBH YADAVRAO	Kaustubh
49	BIRADAR SUNIL CHANDRBHAN	Sunil

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ICT/Computing Skills: Basic Computer Literacy Program Date:-5-9/08/2019

50	PANCHAL TUKARAM HANMANT	
51	SHIVPUJE RAJNI UMESH	
52	KONDAMANGLE SARASWATI MAROTI	
53	MATPATI SHIVNANDA GURULING	
54	SHIAKH SABBA FARUK	
55	QURESHI WASHIMA NANHESAB	
56	DEVKATTE DNAYNESHWARI BABURAO	
57	GUNDALE KANHIEYA DATTATRY	
58	GAVALWAD GOVINDRAJ SHIVAJI	
59	SHAIKH RABANNA ZAFAR	
60	GHEWARE VISHAL REVAN	

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Activity Report: Soft Skills Workshop on Personality Development

Date: September 15-16, 2019

Participants: 50

Introduction:

A workshop on Personality Development was conducted to enhance students' soft skills, self-confidence, and communication abilities. Personality development is essential for students to prepare for academic and professional success.

Aims and Objectives:

- To improve self-confidence and communication skills.
- To enhance leadership and teamwork abilities.
- To develop problem-solving and decision-making skills.
- To foster a positive and professional attitude among students.

Importance:

Soft skills play a vital role in shaping an individual's career. In today's competitive world, personality development is as important as academic knowledge.

Functions:

- Interactive sessions on communication, teamwork, and leadership.
- Role-playing and situational analysis.
- Expert guidance and motivational speeches.
- Activities to boost self-confidence and interpersonal skills.

Details of Activity:

The two-day workshop included expert-led sessions, group discussions, and role-playing activities. Students actively participated in exercises that helped them develop confidence, communication, and leadership qualities.

Conclusion:

The workshop successfully helped students enhance their soft skills and prepared them for future professional challenges. Feedback from students was positive, and they expressed interest in similar workshops in the future.



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Late Bhimrao Chavhan Arts and Science College,
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Seminar / Workshop

"SOFT SKILLS: WORKSHOP
ON PERSONALITY DEVELOPMENT"

Date: September 15, 2019

Time: 10:00 AM

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**LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI
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Soft Skills: Workshop on personality Development Date:-15, 16/09/2019

Sr. No.	Name	Signature
1	AVALE TUKARAM VYANKAT	A.T.
2	WAGHAMARE AMOL CHANDRKANT	Amol
3	WAGHAMARE SUNIL DADARAO	Sunil
4	DEVKATTE ASHVINI MAROTI	Shirish
5	PUJARI DIPALI SURESH	Dipali
6	JANPAWAD SHITAL SHRAVAN	Shital
7	PAWAR ANIL NAMDEV	Anil
8	KATSHEV VITTAL GOVIND	Vital
9	JADHAV DNYNESHEAR SUDAM	Sudam
10	BODAKE RAJPAL MADHUKAR	Rajpal
11	NIVALE ANIL BABALJI	Anil
12	BELKONE AJIT BALAJI	Ajit
13	TARGUDE MANOJ DINANATH	Manoj
14	SONKAMBLE MANGESH GANESH	Mangesh
15	SUL NAMDEV GOVINDRAO	Namdev
16	NAIK MASHNAJI KISHANRAO	Mashnaji
17	JADHAV JAGANNATH SHESHERAO	Jagannath
18	BOINWAD VISHAL RAMRAO	Vishal
19	CHAVAN RAMKISHAN SHIVAJI	Ramkishan
20	BARGE DAIVSHALA NAGORAO	Daivshala
21	TATE KAUSTUBH YADAVRAO	Kaustubh
22	BIRADAR SUNIL CHANDRBHAN	Sunil
23	PANCHAL TUKARAM HANMANT	Tukaram

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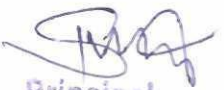
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Soft Skills: Workshop on personality Development Date:-15, 16/09/2019

24	RATHOD SUNIL BALAJI	Sunil
25	BIRADAR ROHAN SHIVAJI	Rohan
26	AVDHUTE RUPALI MANIK	Rupali
27	TUNKALWAD NANDINI VISHNU	Nandini
28	BHOINWAD MANISHA SANJIV	Manisha
29	TOATRE DEVIDAS GANPAT	Devidas
30	PATIL SWAPNIL SHIRINIVAS	Swapnil
31	TEKALE TIRUPATI SANJAY	Tirupati
32	NATKE DNAYNESHWAR TUKARAM	DNayneshwar
33	RATHOD NIKITA NAMDEV	Nikita
34	RATHOD NAMRATA NAMDEV	Namrata
35	BEMBRE SHIVCHARNA SHANKAR	Shivcharna
36	SWAMI POOJA SHIVKUMAR	Pooja
37	MALEGAVE RUTUJA DEVIDAS	Rutuja
38	PATHAN NILOFAR AMJAD	Nilofar
39	RAEES ALFIYA ADIL	Alfiya
40	SHAIKH MOHAMAD JANIMIYA	Mohammad
41	BAJGIRE PRAKASH SHIVAJI	Prakash
42	SHAIKH SULEMAAN ISHMAILSAB	Suloman
43	RACHELWAR TUKARAM GOVIND	Tukaram
44	HUGE PUNDLIK NARSHING	Pundlik
45	DEVKATTE PAWAN SARJERAO	Pawan
46	SHINDE SEEMA AKBARSAB	Seema
47	KUNJATWAD VIKAS RAMCHANDR	Vikas
49	TALIMKAR ANIL HANMANT	Anil


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Soft Skills: Workshop on personality Development Date:-15, 16/09/2019

50	INGLE PRIYANKA BALIRAM	<i>Priyanka</i>
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Activity Report: Soft Skills – Group Discussions

Date: November 5, 2019

Participants: 35

Introduction:

A group discussion (GD) session was organized to help students improve their critical thinking and communication skills. Group discussions are essential for personal and professional growth.

Aims and Objectives:

- To improve students' analytical and communication skills.
- To enhance teamwork and collaborative thinking.
- To prepare students for interviews and competitive exams.

Importance:

Group discussions are a crucial aspect of recruitment processes and academic learning. They help in developing logical reasoning and the ability to articulate thoughts effectively.

Functions:

- Group discussions on various contemporary and social issues.
- Training on structuring arguments and presenting ideas effectively.
- Feedback and improvement suggestions from experts.

Details of Activity:

Students participated in multiple rounds of group discussions on current affairs, social issues, and case studies. Experts provided insights into how to present arguments effectively and engage in constructive discussions.

Conclusion:

The session helped students improve their ability to express ideas clearly, listen actively, and engage in meaningful discussions. Students gained confidence in public speaking and teamwork.


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Late Bhimrao Chavan Arts & Science
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Soft Skills:
Group Discussions

Date:- November 5, 2019

Time:- 11:00 AM



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Soft Skills: Group Discussion Date:-5/11/2019

Sr. No.	Name	Signature
1	BARSOLE URMILA GANAGADHAR	
2	DHANGE BALAJI ATMARAM	
3	RACHELWAR VITTHAL BABU	
4	PAWAR NAGESH LAXMAN	
5	JALKOTE ASHWINI MAROTI	
6	PANCHAL ANIL LAXMAN	
7	NAIK CHANDRKANT BHAUSAB	
8	PANCHAL MADHAV BHIMRAO	
9	PUJARI YOGESH SANJAY	
10	NARNALE AKASH NAGNATHRAO	
11	SUSHANT BAJIRAO	
12	NAGARWAD RAJIVKUMAR MAROTI	
13	MUNJEWAR KARIMSAB MAINNODIN	
14	SHAIKH NAWAZ BASHIRSAB	
15	KOTWALE GANESH MANOJ	
16	LAMTURE VAIBHAV SADASHIV	
17	SHAIKH SHARUKH BASHIRSAB	
18	TARGUDE MANOJ DINANATH	
19	SONKAMBLE MANGESH GANESH	
20	SUL NAMDEV GOVINDRAO	
21	NAIK MASHNAJI KISHANRAO	
22	JADHAV JAGANNATH SHESHERAO	
23	BOINWAD VISHAL RAMRAO	

Coordinator I.G.A.C.

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VASANT SHIKSHAN PRASARAK MANDAL'S MUKHED

**LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI
(BARHALI) MUKHED**

Soft Skills: Group Discussion Date:-5/11/2019

24	CHAVAN RAMKISHAN SHIVAJI	Dam
25	BARGE DAIVSHALA NAGORAO	Keshav
26	TATE KAUSTUBH YADAVRAO	Sam
27	BIRADAR SUNIL CHANDRBHAN	Tukaram
28	PANCHAL TUKARAM HANMANT	Madhav
29	GAVTE MADHAV KALYANRAO	Vijay
30	HODGIRE VIJAYMALA NIVRATI	Ashwini
31	KAMJE BHAGWAT PRALHAD	Bhagwat
32	KAVDE KESHAV GANPATI	Keshav
33	WAGHMARE AMOL PADMAKAR	Amol
34	WAGHMARE SURAJ PADMAKAR	Suraj
35	PATIL SWAPNIL VIJAY	Swapnil
36		

Principal

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Coordinator T. A. C.

Late Bhimrao Chavan Arts & Sci. College
Chavanwadi Tq. Mukhed Dist. Nanded

Activity Report: Health Awareness Program

Date: December 12, 2019

Participants: 30

Introduction:

A Health Awareness Program was organized to educate students on essential health and hygiene practices. The program aimed to spread awareness about preventive healthcare and the importance of maintaining a healthy lifestyle.

Aims and Objectives:

- To educate students about basic health and hygiene.
- To create awareness about common diseases and their prevention.
- To promote a healthy lifestyle through proper nutrition and exercise.

Importance:

Health awareness is vital for students to lead a healthy life. Proper knowledge of hygiene and preventive healthcare can help reduce the risk of infections and lifestyle-related diseases.

Functions:

- Expert talks on hygiene, nutrition, and disease prevention.
- Interactive Q&A sessions with healthcare professionals.
- Distribution of health-related pamphlets and guides.

Details of Activity:

The program featured expert-led discussions on personal hygiene, nutrition, and preventive measures against diseases. Students participated actively in discussions and gained valuable insights into maintaining good health.

Conclusion:

The program successfully raised awareness about health and hygiene among students. Participants appreciated the informative session and expressed the need for more such initiatives in the future.


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Late Bhimrao Chavan Arts & Science
College Chavanwadi

Workshop on

Life Skills: Health Awareness Programme

Date:- December 12, 2019

Time:- 11:00 AM



Coordinator I.Q.A.C.
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VASANT SHIKSHAN PRASARAK MANDAL'S MUKHED

LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI

(BARHALI) MUKHED

Life Skills: Health Awareness Program

Date:-12/12/2019

Sr. No.	Name	Signature
1	PATIL SWAPNIL SHIRINIVAS	Swapnil
2	TEKALE TIRUPATI SANJAY	Tirupati
3	NATKE DNAYNESHWAR TUKARAM	N.D.
4	RATHOD NIKITA NAMDEV	Nikita
5	RATHOD NAMRATA NAMDEV	Namrata
6	BEMBRE SHIVCHARNA SHANKAR	Shivcharna
7	SWAMI POOJA SHIVKUMAR	Pooja
8	MALEGAVE RUTUJA DEVIDAS	Rutuja
9	PATHAN NILOFAR AMJAD	Nilofar
10	RAEES ALFIYA ADIL	Alfiya
11	SHAIKH MOHAMAD JANIMIYA	Mohamad
12	BAJGIRE PRAKASH SHIVAJI	Prakash
13	SHAIKH SULEMAAN ISHMAILSAB	Suleman
14	RACHELWAR TUKARAM GOVIND	Rachelwar
15	HUGE PUNDLIK NARSHING	Pundlik
16	DEVKATTE PAWAN SARJERAO	Pawan
17	SHINDE SEEMA AKBARSAB	Seema
18	KUNJATWAD VIKAS RAMCHANDR	Vikas
19	TALIMKAR ANIL HANMANT	Anil
20	INGLE PRIYANKA BALIRAM	Priyanka
21	TATE KAUSTUBH YADAVRAO	Tate
22	BIRADAR SUNIL CHANDRBHAN	Sunil
23	PANCHAL TUKARAM HANMANT	Tukaram

Coordinator I.Q.A.C.
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VASANT SHIKSHAN PRASARAK MANDAL'S MUKHED

**LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI
(BARHALI) MUKHED**

Life Skills: Health Awareness Program

Date:-12/12/2019

24	RATHOD SUNIL BALAJI	Sunil
25	BIRADAR ROHAN SHIVAJI	Rohan
26	AVDHUTE RUPALI MANIK	Rupali
27	TUNKALWAD NANDINI VISHNU	Nandini
28	BHOINWAD MANISHA SANJIV	Manisha
29	TOATRE DEVIDAS GANPAT	Devidas
30	AVALE TUKARAM VYANKAT	Tukaram
31	WAGHAMARE AMOL CHANDRKANT	Amol
32	WAGHAMARE SUNIL DADARAO	Sunil
33	DEVKATTE ASHVINI MAROTI	Ashvini
34	PUJARI DIPALI SURESH	Dipali
35	JANPAWAD SHITAL SHRAVAN	Shital
36	PAWAR ANIL NAMDEV	Anil
37	KATSHEV VITTAL GOVIND	Vittal
38	JADHAV DNYNESHEAR SUDAM	Dnyneshear
39	BODAKE RAJPAL MADHUKAR	Rajpal
40	NIVALE ANIL BABALJI	Anil
41	BELKONE AJIT BALAJI	Ajit
42	TARGUDE MANOJ DINANATH	Manoj
43	SONKAMBLE MANGESH GANESH	Mangesh
44	SUL NAMDEV GOVINDRAO	Namdev
45	NAIK MASHNAJI KISHANRAO	Mashnaji
46	JADHAV JAGANNATH SHESHERAO	J. Jagannath
47	BOINWAD VISHAL RAMRAO	Vishal
49	CHAVAN RAMKISHAN SHIVAJI	Ramkishan

Coordinator I.Q.A.C.

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Principal

Late Bhimrao Chavan Arts's &
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Tq. Mukhed Dist. Nanded

Principal
Late Bhimrao Chavan Arts's &
Science College Chavawadi (Barahak)
Tq. Mukhed Dist. Nanded

Activity Report: Weekly Yoga Sessions

Date: Every Monday from July 22, 2019, to March 2, 2020

Participants: 25

Introduction:

A series of weekly yoga sessions were conducted to promote physical and mental well-being among students. Yoga is an effective practice for reducing stress, improving concentration, and maintaining overall health.

Aims and Objectives:

- To enhance physical fitness and flexibility.
- To promote mental relaxation and stress management.
- To encourage students to adopt a healthy lifestyle.

Importance:

Yoga plays a crucial role in maintaining a balanced life by fostering mindfulness and overall well-being. Regular yoga practice helps students improve focus and manage academic stress effectively.

Functions:

- Guided yoga sessions by experienced instructors.
- Breathing exercises and meditation for mental relaxation.
- Practical demonstrations of different yoga postures.

Details of Activity:

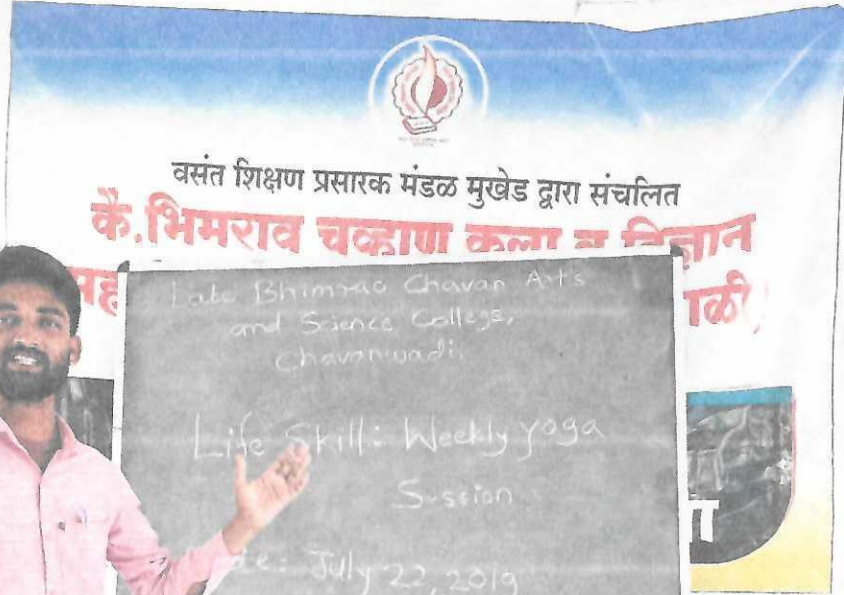
The yoga sessions were held every Monday and included breathing exercises, relaxation techniques, and guided meditation. Students actively participated and reported improved concentration and reduced stress levels.

Conclusion:

The initiative successfully encouraged students to incorporate yoga into their daily routines for a healthier lifestyle. The sessions received positive feedback, and many students expressed interest in continuing yoga practice.


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Tq. Mukhed Dist. Nanded



Late Bhimrao Chavan Arts
and Science College,
Chavanvadi.

Life Skill: Weekly yoga
Session

Date: July 22, 2019
to
March 2, 2020

Time: 03:00 AM


Coordinator I.Q.A.C.
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Chavanvadi Tq. Mukhed Dist. Nanded


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VASANT SHIKSHAN PRASARAK MANDAL'S MUKHED
LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI
(BARHALI) MUKHED

Life Skills: Weekly Yoga Sessions Date:-22/07/2019 to 02/03/2020

Sl. No.	Name	22/7	29/7	05/8	12/8	19/8	26/8	02/9	09/9	16/9	23/9	30/9	7/10	14/10	21/10	28/10	04/11	11/11	18/11
1	BHNGE SHANKUTLA BALAJI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	SHIRIRAME RAM SUBHAS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	BAGIRE PRAMESHWAR ANADRAO	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	GAYAKWAD AKASHYKUMAR ASHOK	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	BIRADAR SURYAKANT RAMCHANDR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	SOMURE VAIBHAV SHIVARAJ	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	HIVRALE GANESH DHONIDIBA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	AVALE TUKARAM VYANKAT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	WAGHAMARE AMOL CHANDRKANT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	WAGHAMARE SUNIL DADARAO	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	DEVKATTE ASHVINI MAROTI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	PUJARI DIPALI SURESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	JANPAWAD SHITAL SHRAVAN	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	PAWAR ANIL NAMDEV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	KATSHEV VITTAL GOVIND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	JADHAV DNYNESHVAR SUDAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	BODAKE RAJPAL MADHUKAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	NIVALE ANIL BABALI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	BELKONE AJIT BALAJI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	SHIRIRAME GANAGADHAR MAROTI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	WARKAD SAROJNA RAMRAO	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	WARKAD ASHWINI RAMRAO	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

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VASANT SHIKSHAN PRASARAK MANDAL'S MUKHED
LATE. BHIMRAO CHAVAN ART'S & SCIENCE COLLEGE, CHAVANWADI
(BARHALI) MUKHED

Life Skills: Weekly Yoga Sessions Date:-22/07/2019 to 02/03/2020

Sr. No.	Name	25/11	02/12	09/12	16/12	23/12	30/12	06/01	13/01	20/01	27/01	03/02	10/02	17/02	24/02	02/03			
1	BHNGE SHANKUTLA BALAJI	P	P	A	P	A	P	A	P	A	P	A	P	A	P	A	P	A	P
2	SHRIRAME RAM SUBHAS	P	P	A	P	A	P	A	P	A	P	A	P	A	P	A	P	A	P
3	BAGIRE PRAMESHWAR ANADRAO	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	GAYAKWAD AKASHYKUMAR ASHOK	P	A	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P
5	BIRADAR SURYAKANT RAMCHANDR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	SOMURE VAIBHAV SHIVARAJ	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	HIVRALE GANESH DHONDIBA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	AVALE TUKARAM VYANKAT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	WAGHAMARE AMOL CHANDRKANT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	WAGHAMARE SUNIL DADARAO	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	DEVKATTE ASHVINI MAROTI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	PUJARI DIPALI SURESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	JANPAWAD SHITAL SHRAVAN	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	PAWAR ANIL NAMDEV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	KATSHEV VITTAL GOVIND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	JADHAV DNYNESHVAR SUDAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	BODAKE RAIPAL MADHUKAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	NIVALE ANIL BABALI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	BELKONE AJIT BALAJI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

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